

Cover

China Memory Book Project

Chi Heng Foundation

Written by: Bella Liu

*Life is full of hope. Be the master of your future.  
Strive for a new way. A heartfelt smile comes from a caring heart.*

*Author: Huang Huiyi*

*What do you see in the picture?*

The ocean, an island, some seagulls and white cloud.

*How do you feel about the picture?*

We have to strive for our lives.

Page 1

*China Memory Book Project*

*Hello!*

*I am your memory book. Nice to meet you! From this day onward I will be your life-long companion. Whenever you feel miserable, I will be a reliable friend. However, I have to know you better first. I would like to know more about your father, your mother and your family, too. Could you give me a hand? Please fill in the blanks in this memory book.*

*When you are filling in this memory book, you are doing something like never before-being a reporter and an artist at the same time! You will try your best to interview your father, mother, brothers and sisters, or friends who know them the best. You can record the results and draw pictures on me-the memory book, just use your imagination and dress me up!*

*You will have a great time working on this task. You need to be very careful when writing and drawing on me. Take your time. This is a very important point. I suggest you to finish the book one page at a time. I know you can do it, and I hope you enjoy it. When you finish, you will obtain three badges, which are hiding in this memory book.....*

*Take good care of me and visit me often, I will help you through difficult times and lead you to the right track in life. Be brave my friend, fill me in!*

*This memory book belongs to xxx (your name) starting from 3rd March 2005.*

*My Story*

My name is xxx. I was born in group 6, Ningzhuang village, Shangcai county, Henan province on 10<sup>th</sup> September 1987.

Ning Kefeng (a name) picks this name for me, it means that [ ]. I took my first step when I was [ ] years old. I started to talk when I was [ ] years old. The first word I said was [ ]. My favorite game is [ ] and I often play this game with [ ] (a name).

I am optimistic and persistent.

My hobbies are sports and music.

*My favorite things.....*

Color:	Red and white	Food:	Mother's cooking	Festival:	
Song:	Right at the moment (by F4)	Scenery:		Season:	Spring
Activity:		Sound:		Subject:	

*I want to be an (occupation) entrepreneur when I grow up.*

*When I get married, I would like to have two children.*

I would like my future husband/wife to be:

*Please ask your mother, your father or other people to fill this.*

*Do they know you well?*

XXX (a name) thinks that these things are my favorite.

Color:		Food:		Festival:	
Song:		Scenery:		Season:	
Activity:		Sound:		Subject:	



*The story of my mother*

*Stick a picture of your mother here or draw a picture of her.*

*Please ask your mother to fill in the following pages. Tell her that the information is very important to you. Remember what I have said at the very beginning? You have to fill me in like a reporter does. If your mother is not around, you can invite someone who knows her best to help you out.*

*What if no one can help? You should not have these thoughts, because you are here! Even if the worst thing happens in your life, you are still here! Use your imagination! Remember what I have told you at the beginning? You have to act like an artist! Come on, use your imagination!*

My mother was born in Caibukouqian Gaowan village, Shangcai county, Henan province on 28<sup>th</sup> April 1953.

My mother is gentle, kind and down-to-earth.

The most outstanding character of my mother is her determination and enthusiasm.

My mother met my father through matchmaker.

My mother's favorite things are.....

Color:	Red	Food:		Festival:	Lunar New Year
Song:		Scenery:		Season:	
Activity:		Sound:		Subject:	

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*What is the best memory between mother and child? Were you at home or somewhere else? What were you doing?*

The childhood memory. When mother told story to her child in her embrace at home.

*What is your mother's expectation for you? What kind of person does your mother want you to be when you grow up?*

I hope that my child can enter university and leave the agricultural industry. Be a good citizen.

*What is your mother's advice for you? What does your mother want you to remember?*

Don't go astray with bad companions.

*Please ask your mother to draw a perfect world in the space below. If your mother cannot draw, what do you think this perfect world will look like in your mother's eye?*

*Life is such a long journey but the memory book is short. Though we will not be able to record the whole life of your mother in here, at least we can get to know the three most important things in her life through these aspects.*

*Draw or write three most important things in your mother's life in the spaces provided below, then add an explanation under each space.*

1.	2.	3.
----	----	----

1. Mother getting married with father.
2. Mother gave birth to my elder brother.

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3. I enrolled in high school.

*My dear, AIDS has been a very painful illness to you and me. I want so much to tell you all the happiness happened to me in my life, but still I would like to tell you ...*

*Does your mother have AIDS? Yes*

*If the answer is yes, she was infected three years ago.*

*Your mother and you feel that: unfortunate and painful.*

*How is the condition of your mother and you now?*

We put down the pain and regain the faith in life.

*What is the help and care received by your mother?*

Free medication.

*The story of my father*

*Stick a picture of your father here or draw a picture of him.*

*Please ask your father to fill in the following pages. Tell him that the information is very important to you. If your father is not around, you can invite someone who knows him best to help you out. If you cannot find anyone who can help you, use your knowledge and your imagination! Be an artist!*

My father was born in Shifo Ningzhuang village, Shangcai county, Henan province on 21st July 1953.

My father is frank and daring.

The most outstanding character of my father is his low-profile.

My father met my mother through matchmaker.

My father's favorite things are.....

Color:	Grey	Food:		Festival:	Lunar New Year
Song:		Scenery:		Season:	
Activity:		Sound:		Subject:	

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*What is the best memory between father and child? Were you at home or somewhere else? What were you doing?*

*What is your father's expectation for you? What kind of person does your father want you to be when you grow up?*

You should enter university. Love your society, your career and your family.

*What is your father's advice for you? What does your father want you to remember?*

*Please ask your father to draw a perfect world in the space below. If your father cannot draw, what do you think this perfect world will look like in your father's eye?*

*Life is such a long journey but the memory book is short. Though we will not be able to record the whole life of your father here, at least we can get to know the three most important things in his life through these aspects.*

*Draw or write three most important things in your father's life in the spaces provided below; then add an explanation under each space.*

1.	2.	3.
----	----	----

1. Father getting married to mother.
2. The birth of his first child (my elder brother).

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3. The birth of his second child (me).

*My dear, AIDS has been a very painful illness to you and me. I want so much to tell you all the happiness happened to me in my life, but still I would like to tell you...*

*Does your father have AIDS? Yes.*

*If the answer is yes, he was infected two years ago.*

*Your father and you feel that:*

*How is the condition of your father and you now?*

*What is the help and care received by your father?*

Free medication.

*My family chart*

*My friend, now I would like to teach you how to record your family history. This is very important. This is something that I would not want you to forget. I will teach you how to draw a family chart. This chart can help you make a record of the relationship among the three generations in your family. Please read the following instruction carefully...*

Married

Child

Male

Female

Grandfather and Grandmother	Grandfather's elder brother/Grandfather's younger brother/Grandfather's sister	Grandfather	Grandmother	Grandmother's elder brother/Grandmother's younger brother/Grandmother's sister	Grandfather's brother/Grandfather's sister	Grandfather	Grandmother	Grandmother's brother/Grandmother's sister
Father and Mother		Wife of father's elder brother/ Wife of father's younger brother  /Husband of father's sister	Father's elder brother/Father's younger brother/Father's sister	Father	Mother	Mother's brother/Mother's sister	Wife of mother's brother/Husband of mother's sister	
The same generation of yours		Cousins on father's side		Your brothers, your sisters and you		Cousins on mother's side		

*After reading the instruction, it's your turn to create your own family chart. Remember to write down everyone's name! You can add other relatives to the family chart, too. For example, the parents of your grandfather and grandmother.*

Grandfather		Grandmother	Grandfather	Grandmother	
Father's second younger brother	Father's younger brother	Father Ning xx	Mother	Mother's brother	
Ning xx	Ning xx				
		My elder brother	Me	My younger sister	

*People who would like to help me*

*This page is for your father and mother to fill in. This is very important to you, because whenever you need help in the future, you can depend on these people. If your father and your mother are not around, do you have brothers and sisters, or other relatives who can help you?*

Name: Address: Phone No.: He/She is your:	Name: Address: Phone No.: He/She is your:	Name: Address: Phone No.: He/She is your:
Name: Address: Phone No.: He/She is your:	Name: Address: Phone No.: He/She is your:	Name: Address: Phone No.: He/She is your:
Name: Address: Phone No.: He/She is your:	Name: Address: Phone No.: He/She is your:	Name: Address: Phone No.: He/She is your:

*If you have finished page 1 to page 15 already, this badge will be yours. You have reported the stories of your parents like a real reporter. You have been writing and drawing beautifully like a real artist. Now you have obtained the first badge, but there are still two more to go. I would like to know more about you in the following pages.*

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*The box for problems*

*Everybody has worry, fear, nightmare, regret, sorrow and anger. If you have these problems, you can put them into the box I give you and open it when you want to solve them.*

*Author: Diana Quan*

My problems: Being a student, the major problem that I am facing is my study. Actually, the intelligence of everyone is the same, the key lies at the method. My problem is that I can't find a scientific way to improve my performance.

*My Goals*

*This page keeps a record of your goals. I have set you 12 goals and hope that you can achieve them. Some are more difficult to do, but as long as you keep trying, you will finally do it!*

Goals	√	Date	How did you do that?
* Tell a story to somebody	√		By long term training of the interpersonal and communication skills.
* Learn a new skill	√		This is the ability to accept new things and it requires in depth observation before putting into practice.
* Teach somebody this new skill			
* Make a new friend	√		Friend is a part of life. As long as you are earnest, people will be happy to make friend with you.
* Learn how to prevent AIDS	√		From my parents and the promotion materials.
* Discuss AIDS with somebody			
* Do one task by yourself	√		This is the ability to survive.
* Do a good thing for the others	√		Offer help and get happiness in return. If I help people, people will help me.
* Make people laugh	√		Tell a joke.

Goals	√	Date	How did you do that?
* Improve your academic result	√		Perseverance and determination.
* Send a small gift to somebody	√		Preparing gift for your friend, no matter how trifle it is, can strengthen the relationship.
* Show somebody this Memory Book			

*If you have achieved all these 12 goals I set for you, you can get this badge! In the future, if anybody looks down upon you, you can assure yourself that they have no idea now brilliant you are as they haven't read these pages!*

*Can you write down your own goals now?*

Goals	√	Date	How did you do that?
* Wash hair for my mother	√		I learn to be grateful as I grow up.
* Have an intimate talk with my father	√		
*Help my sister in her study	√		I am older and know the importance of study. I hope that my younger sister can work harder.
*Enter Central University of Finance and Economics			

*If you have already achieved the goals you set for yourself, then you are a real winner! This is the last badge for you, and I hope that more badges will be coming in your future.*

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*My friend, you have almost completed the Memory Book now. Through these 20 pages, I think I have known you and your family well enough. In the coming years, I hope that you will occasionally take a look at me. I also hope that I will leave you some unforgettable memories and give you enough support for your future.*

*In the last section, I want you to write some letters to some people. You may not be able to meet them all, but the letter papers I give you are very special. You don't need a stamp or post box, yet they can still read the letters and will remember you forever. Can you tell them what are you thinking now? What do you want to do in the future?*

*Dear father and mother,*

Hello! I am glad that I can talk with you in this way and let you know what I am thinking now.

I used to think that I was the luckiest person in the world as you loved me and I loved you too. Though, unlike other children at my age, I didn't have the toys or other things that I wanted, I never asked for it. I know that nothing can compare to your love.

But then, I wonder why unfortunate things always happen to good people? When I came to know the truth, I was very sad and I shed tear secretly. However, we shouldn't escape and must face the reality. We are poor and can't afford the medication, but we are lucky that the country, the government and the society offer us a lot of help to solve most of our problems.

Now, the only thing that I can and should do is to study hard so as to repay the country and the society in the future.

*Dear brothers and sisters,*

Hello! I think I need to have a talk with you.

Both of our parents are infected with this disease and it is indeed the most unfortunate thing in our lives. I was once confused. But when I thought of it again, I came to realize that it is reality and we couldn't change it. It is cowardly to escape reality. We have to face it bravely as there is still a long way to go. The only thing we can do now is to study hard, much harder than the others. Equipping ourselves with knowledge is the only way to survive in the future competition and find our own skies.

*Dear grandfathers and grandmothers,*

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*Dear teachers,*

Hello! I can now ensure you that I have walked away from the shadow and I have adjusted my attitude to embrace the future. My task is to study as I am the hope of my family. I will study hard. Please guide me.

*Dear Memory Book,*

Hello! Thank you for helping me to know myself better and understand my existing circumstances. I hope that you can stay with me everyday and remind me of the right thing to do.

*Dear World,*

Hello! I want to thank the society for helping me and my family. The society is full of love and I am now loved. I will also love those in need when I can.

## Notes

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China Memory Book Project

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